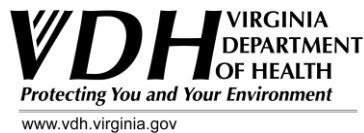


**MOUNT ROGERS HEALTH DISTRICT
HEALTH DEPARTMENT OFFICES**

Bland County Health Department	688-4651
Bristol Virginia Health Department	642-7335
Carroll County Health Department	730-3180
Galax City Health Department	236-6127
Grayson County Health Department	773-2961
Smyth County Health Department	781-7460
Washington County Health Department	676-5604
Wythe County Health Department	228-5507
District Headquarters Office - Marion	781-7450



Our mission is to achieve and maintain optimum personal and community health by emphasizing health promotion, disease prevention, environmental protection and emergency preparedness.



VIRGINIA DEPARTMENT OF HEALTH



**MOUNT ROGERS
HEALTH DISTRICT**

SERVING THE COUNTIES OF:
**Bland, Carroll, Grayson
Smyth, Washington & Wythe**
AND THE CITIES OF
Bristol & Galax

**HEALTH
PROMOTION**

**DISEASE
PREVENTION**



**ENVIRONMENTAL
PROTECTION**

**EMERGENCY
PREPAREDNESS**



Health Promotion

Local health department offices offer a variety of services designed to promote the best possible health for Virginia's citizens. Health Promotion services include:

Maternal and Child Health Services

- Baby Care
- Better Steps to Better Health (Bristol)
- Brighter Smiles Program
- Immunizations Against Childhood Diseases
- Maternal Health Program
- Resource Mothers
- Smoke Free Babies
- Well Child Clinics
- Women's, Infants, and Children (WIC)



Reproductive Health Services

- Breast and Cervical Cancer Early Detection Program
- Every Woman's Life
- Family Planning
- PAP Clinic
- Plan First

Wellness Program Services

- Cardiovascular Risk Assessment
- Health Education
- Occupational Health and Safety
- Worksite Wellness Services – Mobile Medical Unit



Other Services

- Pre-admission Nursing Home Screenings
- Dental Health Program
- Care Connection for Children
- Influenza Community and School Clinics
-

Disease Prevention

The Virginia Department of Health is responsible for investigating outbreaks and epidemics of diseases, conducting surveys of affected population, and providing information to the public concerning these episodes. Disease Prevention programs include:

- Adult Immunizations
- Communicable Disease Control
- Sexually Transmitted Infection and Disease Control
- Bioterrorism Emergency Planning and Response Team
- Medical Reserve Corps **(276) 274-0555**

HIV/AIDS HOTLINE – 1-800-533-4184

TOBACCO QUITLINE – 1-800-QUIT NOW (784-8669)

Environmental Protection

The Health Department protects the public's health by engaging in a wide variety of inspection, permitting, and testing services, including:

- Drinking Water Inspection, Permitting, and Surveillance
- Food Establishment Sanitation
- Insect and Rodent Control
- Institutional Sanitation
- Migrant Labor Camp Sanitation
- Milk Sanitation
- Rabies Prevention and Control
- Sewage Disposal Sanitation
- Tourist Establishment Sanitation



Some Virginia Department of Health services are free, some are based on income level, and some require payment at rates set by the Virginia State Board of Health. Please contact your local health department for more information.